## Parenting Tips: 5 Fun Ways to Celebrate St. Patrick's Day with Your Kids





By Rachel Sparks

St. Patrick's Day is a fun holiday, but a lot of kids don't understand how fun it can be. Win parent of the year with these St. Patty's Day activities fit for the whole family. Celebrate with famous Irish folks, such as <u>Gwen Stefani</u>, John Travolta, Meryl Streep, and Harrison Ford, among so many! Cupid's <u>parenting tips</u> will help make this green-filled, gold-coin, leprechaun-hunting holiday an unforgettable day for everyone!

## Parenting Tips: The 5 Best Ways to Celebrate St. Patrick's Day with Your Family!

1. Green-themed food: Get your kids excited for St. Pat's Day with green food! Guacamole and fried spinach tortillas are a delicious starter. Make a party of decorating a cake. Make a kid-friendly green bar, serving green ginger ale, green sprite, or Mountain Due!

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- 2. Build a leprechaun trap: Kids love imagination and lore, so let them get wild with this one! Tell them stories about leprechauns and then give them a cardboard box and all the craft supplies they need to catch that little rascal.
- 3. Make a traditional Irish dinner: Food makes everyone come together and, generally speaking, full bellies make happy people. Try out some traditional Irish recipes! Irish soda bread, a classic, is the heart of the meal. Shepherd's pie, Kale Colcannon, and Guinness-marinated beef are just a few hearty ideas for this grand meal.

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- 4. Shamrocks and clovers: Long ivy tendrils, rolling green hills, moss-ridden cliffs, natural green is everywhere in Ireland. Get into the natural tradition of the Irish by celebrating shamrocks and clovers! Spend the day at the park with your family looking for four leaf clovers or have a fun time teaching your kiddos how to garden by planting shamrocks.
- **5. On the hunt:** Make a scavenger hunt for your kids! Tell them that there's a pot of gold at the end of it to pump up the

excitement with a sizable reward. For a more thrilling twist, gear up your children like Indiana Jones to go on the ultimate leprechaun hunt!

How do you get your kids excited about other cultural holidays? Share your St. Patrick's Day parenting tips below!