

Dating Advice Video: What Men Want You to Know



By [Whitney Johnson](#)

On this week's Single in Stiletto's [dating advice video](#), founder and [relationship expert](#) Suzanne Oshima talks to relationship strategist and coach Cyndi Olin about three things that men want you to know. "There's a complete disconnect in what women think men want," Oshima reveals.

Relationship Experts Discuss What Men Want You to Know in Dating Advice Video

1. Men are actually very sensitive: Women often think men aren't sensitive, but that's just not the case. "In order to feel connected, they need to feel heard and needed," Olin shares. "And if they don't feel those two things from a woman, they're not going to be fully connected or engaged with her." As much as you want him to understand you, he wants to feel understood as well. "Be curious about him," Olin adds.

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2. Men want to feel needed: Expanding on the first secret about men, they also want to feel respectfully needed. "Allowing him to support you is something that fills *him* up," Olin explains. "It's so important for women to realize that, as strong and independent as we are, we love a man who can take care of things for us, who can handle things for us," Oshima says.

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3. Men want to feel appreciated: If he feels appreciated for the things that he does, he's going to do it ten-fold. "In fact, you won't feel like, in your relationships, you have to do all of the heavy lifting," the relationship coach explains. "He's going to do more and more." Plus, he'll continue to build you up and support you if he feels like you're doing the same for him.

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