

Date Idea: Get Woodsy



By [Rachel Sparks](#)

You've spent all summer trying to get fit with your partner. Maybe you've been talking about it and haven't made any progress with the gym, so you want to stay active in other ways. This weekend, you and your sweetheart can find a fun way to exercise and still have a fun and memorable date. Get woodsy with your love on a calming nature walk for a fun and fit [date idea](#)!

Date Idea: Get Fit & Get Out on a Woodsy Nature Walk

Head to your closest state or national park for a day of

hiking. Bring all the essentials for this outdoorsy date: water bottle, boots or sturdy sneakers, bug spray, sunscreen, a bag you can use for garbage, hiking snacks like Clif Bars, trail mix, or dried fruit, and, of course, a camera to capture your day. Some good just-in-case items to bring include a compass, matches or a lighter, a first-aid kit, a whistle, a flashlight, a rain jacket, and plastic bags to protect your things from getting wet.

Related Link: [Date Idea: Enjoy the Great Outdoors with Your Other Half](#)

Don't forget to pack a lunch! Try packing a (light) picnic for you and your significant other. Include finger foods like sandwiches, grapes, berries, and chips. Just make sure it won't go bad being left in a backpack all day. You can also include a "sample-size" bottle of red wine (the kind you find at a wine tasting) for a [romantic getaway](#) just for the afternoon. When the two of you get to the top of the mountain, or any clearing you deem appropriate for a picnic, take the time to rest and appreciate each other and the beautiful scenery around you.

Related Link: [Date Idea: Take a Trip to the Park](#)

During your picnic, take out the camera and have some fun. Try to get some candid shots of your sweetheart stuffing their face or ask a passerby to take some photos of the two of you. Explore the area nearby without wandering too far off the path. Can you get some good nature shots? Make a photography scavenger hunt.

Have you and your date gone on a hike together? What are some ways you've made it fun and romantic? Share your tips below!