

Celebrity Baby News: Chrissy Teigen & John Legend Are Expecting



By [Rachel Sparks](#)

The [latest celebrity news](#) is all about the next [celebrity baby](#)! [Celebrity couple Chrissy Teigen](#) and [John Legend](#) just announced baby number two! After having trouble and finally having baby Luna through IVF, the couple is excited to expand their family. According to [UsMagazine.com](#), the celebrity couple has a male embryo on ice to add a little boy to their hopes of a large family!

This celebrity baby news is a very happy occasion. What are some ways to keep your baby news under wraps until you're ready?

Cupid's Advice:

As exciting as having a baby is, sometimes we want to keep the announcement under wraps. Whether it's because of a difficult pregnancy or you are trying to raise the anticipation, keeping things under wraps can work in your favor. There's more than just a baby bump to think about hiding until you're ready to share the news. Check out our [parenting advice](#) to get you through your pregnancy secrets:

1. The new diet: Once you find out you're pregnant, your diet is going to start changing. It might be that you've eaten junk

food most of your life and need to start a healthy streak, or the pregnancy and morning sickness are limiting your eating desires, but at some point people will notice. Tell a white lie and say you're starting a new diet.

Related Link: [Celebrity Baby: Chrissy Teigen & John Legend Share Baby No. 2 Plans](#)

2. Doctor or dentist: You're going to be going to a lot of doctor appointments, but how are you going to hide them all? The only time women go to the doctor a lot is if there is something wrong or they're pregnant. If you're telling another white lie, fudge the facts and instead of yet another doctor visit, say you're going to the dentist or optometrist.

Related Link: [Celebrity Baby: John Legend Opens Up About fertility Struggles with Chrissy Teigen](#)

3. Colorful fashion: If you're starting to show, congratulations! You don't have to go for oversized sweatshirts or baggy dresses. Pair funky patterns and bright colors. Layer tops or wear chunky belts. Get wild with your fashion for the next couple of months and use those flashy patterns to distract from your changing body.

How would you hide your pregnancy until you're ready to share the news? Share your tips below!