

Celebrity Couple News: Scott Disick is Telling Friends He's 'in Love' with Sofia Richie

By [Rachel Sparks](#)

According to a source, 34-year-old [Scott Disick](#) said that he is “in love” with 19-year-old girlfriend Sofia Richie. According to [UsMagazine](#), the couple have shared their intimate moments around the world where it’s easier to remain private. Richie’s friend Chloe Bartoli, an old fling of Disick’s, has stopped talking to Richie, but it’s no loss. Richie’s father Lionel Richie claims his daughter is just as infatuated with Disick. Despite the three children Disick has with [Kourtney Kardashian](#), the [celebrity couple](#) are receiving support from the Kardashian clan.

This celebrity couple must be getting more serious if Scott Disick is using the “L” word. What are some ways to know when to tell your partner you love them?

Cupid’s Advice:

Dropping the “L” word for the first time is nerve-wracking, but it’s exceptionally exciting. It takes the relationship to a new stage and shows the commitment both people have for each other. There’s a sense of security and a renewed sense of

infatuation for each other. But how do you know it's the right time to take your relationship to the next level? Read Cupid's [relationship advice](#) below:

1. You know you're capable: Loving another person is a delicate and healthy balance of self-awareness and selflessness. You have to know what you need in a relationship just as much as you need to know what your partner needs. Are you willing to make the sacrifices your partner may ask of you? When you feel confident that you can provide selflessly for another person and are aware of your own needs and how to ask for them in a healthy and respectful manner, then you know that you are ready to say the all-powerful phrase.

Related Link: [Celebrity Couple News: Sofia Richie Kisses Scott Disick on Private Plane](#)

2. You're confident the relationship is ready: At some point, the two of you have talked about the future you see for yourselves, both independently and together. You never want to drop the "L" word too soon, but you don't want to wait too long. If you're worried about scaring your significant other away, then hold off on saying anything. Respecting your partner's need to become confident in their decision and the time it takes to reach that is a sign of a loving and supportive relationship.

Related Link: [Dating Advice: When to Say "I Love You"](#)

3. You're committed through the tough times: You know every relationship is going to hit a tough time, so are you ready to stick it out through that? If you are, saying "I love you" is a sign of that commitment you're making to each other. Those times will be hard, and you may not feel like you love that person during those struggles, but "love" is a word of commitment, security, and trust.. Are you ready to make that promise to each other?

How do you look past those nervous butterflies in your stomach

to know it's the right time to say "I love you?" Share your advice below!