

# Celebrity Baby: Chrissy Teigen & John Legend Share Baby No. 2 Plans



By [Karley Kemble](#)

[John Legend](#) and [Chrissy Teigen](#) are talking baby number two! According to [EOnline.com](#), Teigen and Legend are hoping to have another [celebrity baby](#) very soon. Teigen has been very vocal about her struggles with infertility and their choice to have their first child, Luna, through frozen embryo transfer. In a recent magazine interview, Teigen said that the [celebrity couple](#) had 20 embryos from the start, though only three were genetically “normal.” Both Legend and Teigen have both said they definitely want to have their second child, which Teigen has confirmed will be a boy “in the near future.” We hope to hear news of a celebrity pregnancy soon!

**Hopefully there will be a celebrity baby on the way for Chrissy Teigen and John Legend soon. What are some ways to support your partner through fertility issues?**

## Cupid's Advice:

Sometimes having a child does not always happen according to plan. If you or somebody you love is coping with infertility, Cupid has some ways to help during the difficult and emotional times:

**1. Validate their feelings:** A common mindset of people who struggle with fertility is to blame themselves. They have more than a right to be upset, so make sure they know it's okay to feel what they're feeling. It's also important that they know they are not alone and their infertility issues are not their fault.

**Related Link:** [Celebrity Baby: John Legend Opens Up About Fertility Struggles with Chrissy Teigen](#)

**2. Learn:** Infertility is kind of a taboo subject to talk about, so you might be in the dark about the details and latest information. Sit down at your computer and take some time to research the subject. Keeping up to date will show you care and will help you empathize with them a lot better.

**Related Link:** [Celebrity Couple: Tom and Ashley Arnold Open Up About Their Tough Road to Parenthood](#)

**3. Know what and what not to say:** We often default into saying phrases that we've heard, and think are helpful (i.e. "just relax" or "you can always try another way"). In almost all cases, these words will hurt more than help. It's much more calming to ask your loved one "how are you doing" or "how can I help" because you're thinking of their feelings rather than trying to fix the problem. Most times, people just want somebody to listen to them.

**What advice do you have for couples facing infertility difficulties? Please share below.**