

Celebrity News: The Weeknd 'Really Didn't Trust' Selena Gomez's Ex Justin Bieber



By [Karley Kemble](#)

[Selena Gomez](#) and The Weeknd may have broken up, but it's clear the [celebrity exes](#) may still have drama between them. In the latest [celebrity news](#), a source close to The Weeknd questioned Gomez's rekindled friendship with her ex-boyfriend, [Justin Bieber](#). Following a major kidney transplant earlier this summer, Bieber reached out to Gomez and the celebrity exes kept in constant contact after that. According to [UsMagazine.com](#), The Weeknd trusted his ex-girlfriend, but "really didn't trust" Bieber's intentions. Gomez and Bieber have been spotted hanging out with each other since news of

her split with The Weeknd became public. Maybe Gomez isn't so sick of that same old love, after all?

In this celebrity news, it seems that ex relationships caused some turmoil in a current relationship. What are some ways to keep your past relationships from dictating your current or future ones?

Cupid's Advice:

Break-ups are almost always rough. While it may seem challenging to heal, it's important to maintain a strong sense of self. Cupid has some tips that you can implement into your life to help keep your past from dictating the future:

1. Respect the past: Your past relationship ended for a reason. You don't have to forget the good times you had. Respect the relationship for all that it was, because it probably was right for you at that point in your life.

Related Link: [Celebrity Break-Up: Selena Gomez & The Weeknd Split After 10 Months of Dating](#)

2. Be present: If you spend your time dwelling on what used to be, it'll be super challenging to find happiness in another relationship. Yes, you should respect the past for what it was, just know you are a different person in the present. Learn from your past self and relationship, and fully embrace yourself for who you are presently.

Related Link: [Relationship Advice: What We Can Learn From Trials & Triumphs of Celebrity Relationships](#)

3. Do not fear vulnerability: Maybe your last relationship ended badly, and it has taken you forever to move on. As much as that sucks, if you fear vulnerability you're doing yourself a disservice. Starting a relationship with someone new is always going to be scary – so be open to the greatness that could come from it.

Do you have any other tips to share? Comment below with your thoughts.