

Celebrity News: Demi Lovato Has Dating Advice For Fans



By [Rachel Sparks](#)

Demi Lovato, formerly part of a six year [celebrity couple](#) with Wilmer Valderrama, recently shared her [relationship advice](#). According to [People.com](#), Lovato admits to being open to both men and women for a long-term relationship. Lovato's biggest advice for young people: there's a lot of life ahead for people, so don't let past decisions define your current identity.

This celebrity news is something we

can all take to heart. What are some ways to know if you're in a healthy relationship?

Cupid's Advice:

When we fall in love we often ignore signs from our S.O., friends and family, and even ourselves. Not all signs are bad. How do you know if the person you're with is the right one? Here is Cupid's dating advice to help you recognize that you have a keeper:

1. They know your comforts: When we have a bad day, are cranky, or don't feel well, having someone know just the way to make you feel better makes all the difference. If your S.O. knows what movie, food, drink, music to prepare to make your day better, that shows they've paid attention to you and they care about helping you.

Related Link: [Celebrity Couple: 10 Reasons Chrissy Teigen and John Legend are Relationship Goals](#)

2. They talk about your day: We love talking about our days with the people we care about, but sometimes it's hard to keep up with all of the details. If your partner is actively trying, asking questions, and responding, they care. They may not remember everything, but active attention shows an investment.

Related Link: [Relationship Advice: How Far Will You Go for a Relationship?](#)

3. Small things: Who doesn't love a lavish display of affection? But those small details that make life better for you are really the signs of a loving relationship. If your partner prepares coffee for you before bed, a small task that says a lot, keep them around.

How do you know if your partner is a keeper? Share your dating advice below!