

Celebrity Break-Up: Robert Pattinson & FKA Twigs Split, But Maybe Not for Good



By [Rachel Sparks](#)

After two years of engagement, [celebrity couple Robert Pattinson](#) and FKA Twigs have taken a break. According to [People.com](#), the couple hadn't seen each other in two months. Between Twigs' new album and Pattinson's press tour, time and distance have been a strain and led to a [celebrity break-up](#). But don't worry, as Twigs has kept the engagement ring and Pattinson admits, "That's the girl he wants to marry." We may see the couple reuniting soon.

This celebrity break-up is the here and now, but it may not be forever. What are some factors to consider when it comes to on-again off-again relationships?

Cupid's Advice:

Like this celebrity couple, sometimes breaks are necessary. People change and it's important to realize who we are before we can go back. But does that mean you should go back? Is lost love always lost? How do you decide what's best? Read our [relationship advice](#) below:

1. Know what you want: Monogamous, long-term relationships are not for everyone. There's no right or wrong to what makes

you happy, but you need to know what does. If you're ok with an on-again off-again relationship, stay the course. If each break-up tears you down a little more, it's time to reevaluate. You deserve what makes you happy, but it starts be knowing what that is.

Related Article: [Couple News: Robert Pattinson Says He & FKA Twigs Are Still 'Kind Of' Engaged](#)

2. Know why it ended: Some relationships end for good reasons. While the end is painful and often leaves you wanting to go back, take a moment and reflect on what caused the end. Is it worth going back to that?

Related Article: [Robert Pattinson's Celebrity Love FKA Twigs 'Really Wants Kids' Says Source](#)

3. Who do you want to be? What does the future version of yourself have to do with your current relationship status? Everything. Imagine who it is that you want to be. Does your partner support that? Does the relationship hold you back from that vision? The only way to become the person you envision is to start acting like you're that person now. If someone distracts you from that vision, realize it's not what you need and move on.

Have you been in the on-again off-again cycle? What helped you make up your mind? Share below.