

Celebrity Baby: John Legend Opens Up About Fertility Struggles with Chrissy Teigen



By Ashleigh

Underwood

Fertility struggles are something that no partnership wants to have to endure. While [celebrity couple John Legend](#) and [Chrissy Teigen](#) have shown off their beautiful [celebrity baby](#), Luna, it has not always been easy to grow their family. In a recent celebrity interview with [UsMagazine.com](#), Legend opened up about his and Teigen's fertility struggles and how it made their relationship stronger. He stated that "having a baby is a big challenge for a couple, and going through that together strengthens your bond because if you make it through [having a child], you know you can make it through anything."

This celebrity couple can make it through anything. How can you help your partner through their fertility challenges?

Cupid's Advice:

No couple wants to experience fertility issues. It can put added stress and strain on the relationship, but the key is to support one another. Here are a few ways to show your partner that you support and care for them:

1. Communicate: Fertility issues can bring about many internal struggles. It is important to talk about how you feel so that your partner can help you work through it. The last thing you want is to be on two different pages and not even know it.

Related Link: [Relationship Advice: 5 Communication Keys Every Relationship Needs](#)

2. Don't place blame: It is no one's fault when you are struggling to start a family, and it does not help to blame each other. Instead, be patient and understanding with your partner. Let them know that you share the burden and know it is not their fault.

Related Link: [Relationship Advice: Marriage Survival Guide for Tough Times](#)

3. Get involved: Actions always speak louder than words. A part of showing your partner that you care, is going to all appointments and events with them.

How do you support your partner through fertility struggles? Comment below!