

Dating Advice: Times Women Say 'Yes,' But Shouldn't



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Duana Welch to offer their best [dating advice](#) on how to stand firm on your beliefs. Find out how you can say no to things you don't want without losing his affection with the following dating tips!

Dating advice that will save you from making a mistake.

1. Don't agree to hang out. You need to show a man how you want to be treated by setting standards. Only say yes when he asks you out on a proper date. Reject all requests that are optional or casual hang outs like "Netflix and Chill." A man that wants you will get the hint and put in the effort for chase. So keep yourself busy until he puts in the work, and only make yourself available for real dates.

Related Link: [Dating Advice: What to Do When He Says, 'I'm Not in Love With You!](#)

2. Say yes to fun. Happy couples have more positive interactions than they do negative. Take time to enjoy your time together or else your relationship is doomed to fail. Also try to avoid gridlock, meaning your problems never get solved. If you only get what you want with a threat, it's never going to work. You have to care about each other's happiness.

Related Link: [Dating Advice: How to Tell Him You're Not Ready to Have Sex?](#)

3. Ask if it's worth it. At some point in the relationship there will be a betrayal. One person will have expectations that aren't met in a serious manner. If you decide you want to salvage what you have together, you need to ask yourself if it's worth the effort before saying yes. You may just realize that it's not and save yourself from wasted time.

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