

# Celebrity Couple News: Bethenny Frankel & Dennis Shields Are Back Together and 'Having Fun'



By [Melissa Lee](#)

Though this NYC couple split back in May, it seems as though fate has brought the two back together! Bethenny Frankel and Dennis Shields have been spotted alongside one another multiple times this summer in the Hamptons, and Shields even accompanied Frankel to Bravo's *Watch What Happens Live*. According to [EOnline.com](#), Frankel and Shields started dating back in 2015, and even though Frankel has been since romantically linked to business owner Russ Theriot, it seems

like nothing could tear this celebrity couple apart.

## **This celebrity couple news proves that exes can rekindle their relationship! What are some factors to consider before getting back together with your ex?**

### **Cupid's Advice:**

Before you bite the bullet and start dating your former ex-partner, there are a few things you should be considering. If you're in the same position as Bethenny or Dennis, check out Cupid's advice to help you make the right choice:

**1. So, why'd you break up in the first place?:** It's important to reflect on the former relationship as a whole and weigh the pros and cons. More importantly, why did you break up before? Is the issue something that has been solved, or is it still on-going? Everyone understands how tough break-ups can be (and how, in some cases, you may just want to skip it altogether and start dating again) but you should definitely make sure that the problems from the first relationship aren't going to continue.

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**2. Right reasons:** Ask yourself this – are you getting back together for the right reasons? Is it because you're sad and you miss having a partner, or is it because you're deeply in love with this person and you believe you belong together? Don't misinterpret sadness or hurt as reasoning to begin dating again.

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**3. Is it what you truly, really want?:** The most crucial factor to remember – and reflect on – is if this is really what you want. When getting back together with someone, you have to have the upmost trust that this time it will work. If you don't feel that this will be a lasting relationship due to occurring issues from the last time, then maybe it isn't right. As cheesy as it may be sound, listen to your instincts and go with your gut.

**What are some of your tips for getting back together with an ex? Share your thoughts below.**