

# Dating Advice: How to Tell Him You're Not Ready to Have Sex?



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On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Tinzley Bradford to offer their best [dating advice](#) on telling a man you're not ready for sex. Find out how you can tell him without losing his affection with the following dating tips!

## Dating advice that will help you say no means no!

**1. Tell him.** You just need to be honest about how you're feeling. Whether it's due to a spiritual reason, or wanting to take things slow, you have to be open about why you don't want to have sex. If you don't, the man you're with may think you're not attracted to him. So tell him how you feel before a misunderstanding occurs.

**Related Link:** [Dating Advice: 4 Ways To Make Your Man Happy!](#)

**2. Be careful.** If you go out with him and you know you're not interested in having sex, you need to prevent yourself from entering awkward situations or temptation. This means you may have to decline invitations to spend the night. There's no reason to put yourself in an intimate position if you don't want to go all the way.

**Related Link:** [Dating Advice: Dealing With a Dating Burnout](#)

**3. Find out.** Aside from being honest with a man, you need to find out his intentions for yourself. Ask him how he feels about you not wanting to have sex. This will help you weed out the men who only see you as a booty call. A man that's really interested in getting to know you will put in the effort regardless of sex.

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