

Celebrity Break-Up: 'Vanderpump Rules' Star Stassi Shroeder Gets Dumped By Boyfriend on 4-Year Anniversary

By [Marissa Donovan](#)

Stassi Shroeder had her heart broken big time! The [Reality TV](#) star shared on her [Twitter](#) that, after her four year relationship with boyfriend Patrick Meagher, he dumped her on their anniversary. According to [UsMagazine.com](#), the two had a rocky long-distance relationship. The *Vanderpump Rules* star booked a trip to Mexico to celebrate their anniversary, but once Meagher called their relationship off, Shroeder brought her best friend instead. Hopefully she can find a future partner to treat her better!

This [celebrity break-up](#) isn't necessarily surprising, but it's still sad. What are some ways to know your relationship is on its way out?

Cupid's Advice:

Sometime break-ups can be predictable depending on what has happened in your relationship. Here are some signs you and your partner could be ending your time together soon:

1. Long distance effects you both: Distance doesn't always make the heart grow fonder in relationships. For some couples, being apart for long periods of time can strain your relationship and allow for you and your partner to grow apart. If this seems to be a problem, you can expect to be breaking up soon.

Related Link: [Celebrity Divorce: 'Vanderpump Rules' Star Sheana Shay Finalizes Divorce from Mike Shay](#)

2. It's always on and off: Couples who keep making up and breaking up will eventually get tired of their old routine. Instead of getting back together or trying to stay together while being unhappy, it might be best to break it off permanently.

Related Link: [Celebrity Wedding: 'Vanderpump Rules' Stars Katie Maloney & Tom Schwartz Are Married](#)

3. Wanting to see other people: Knowing that one of you is interested in seeing other people should be enough to cut ties in your relationship. If you sense that you or your partner plans on ending the relationship for a new relationship, then your intuition is most likely right.

What positive advice would you give Stassi Schroeder after her brutal break up? Let us know in the comments!