

Celebrity News: Source Says 'Bachelorette' Rachel Lindsay's Break-Up with Runner-Up on Finale Was 'Brutal'



By [Melissa Lee](#)

The finale of *The Bachelorette* is going to be a tear-jerker for sure. [UsMagazine.com](#) reported that Rachel Lindsay, this season's *Bachelorette*, was torn up until the very end. Even after she broke up with the runner-up, they couldn't say goodbye, and they were both hysterically crying. It was also revealed that it was the worst break-up the show has seen in

years, so make sure you grab your tissues before sitting down to watch next week!

This celebrity news has us grabbing the tissues for next week's finale of The Bachelorette. What are some things to keep in mind when it comes to breaking up with your partner?

Cupid's Advice:

The saying, "breaking up is hard to do" isn't a cliché for nothing. Things can get really tough when trying to end things with your partner, so check out some of these tips from Cupid if you've found yourself in the same spot:

1. Be honest: If you have specific reasons for breaking things off with your significant other, the least you can do is be honest with them. By giving them the true reasoning behind the break-up, they will at least be aware of what they did wrong so they can work on it in the future. Plus, it'll help both of you by receiving closure.

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2. Stay civil: If possible, try to keep the break-up as clean as possible. Things can get messy but at the end of the day, staying civil is the best way to go. By ending things on a positive note, there won't be many issues after the break-up, and you two will be able to go your separate ways and begin to move forward.

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3. Keep it friendly... but not too friendly: It's okay if you two would like to stay friends after the break-up, but the key is time. Rushing into a friendship can make things complicated and messy, so be clear with your ex that you need some time to move on before getting back to normal.

What are some of your tips for breaking up with your partner? Leave your thoughts below.