

# Movie Review: 'Home Again' is a Hopeful Tale About Moving On



B

y [Melissa Lee](#)

John Debney's newest drama/romance film, *Home Again*, focuses on a recently divorced mother of two ([Reese Witherspoon](#)). She decides to start over and move to L.A., but her life gets thrown upside down when she allows three young guys to move in with her.

# This romance movie is sure to pull at your heart strings along with offering some valuable relationship advice!

## Should you see it?:

This movie is star studded with actors like Reese Witherspoon, Michael Sheen, and Nat Wolff all making appearances throughout. *Home Again* is a relatable film about trying to start over after a divorce, so if this kind of situation appeals to you, this may be the perfect summer blockbuster.

## Who to take:

Know someone going through heartbreak? This would be a great movie to see together! Witherspoon's character slowly gets back on her feet, but not without another love interest post-divorce – show your friend that there *is* life to be had after that tough breakup.

## Cupid's Advice:

In *Home Again*, Witherspoon struggles to find herself after going through a divorce with her husband. Going through a breakup is always difficult, but Cupid has some tips to help you get by:

- 1. Rely on your support system:** Whether it be family members or friends, have a support system that will be there for you at your time of need. Have someone that you know you can talk to, or have that shoulder to cry on. It'll make the process a little bit easier, plus you won't feel as alone.

**Related Link:** [Relationship Advice: Getting Over a Grudge](#)

- 2. Occupy yourself:** The worst thing you can do is sit around,

crying and thinking about the relationship and breakup. Allow yourself a few days of grieving, but after that, it's time to occupy your mind. Take up a new hobby, go work-out, or hang out with friends – but it's important to find healthy ways to keep yourself distracted.

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**3. Use this time to focus on you:** Take advantage of the breakup process and use the time to focus on yourself. If there's a project you've been meaning to complete, now is the time to do that. Want to start eating healthy and working out? Now is the perfect time! Take care of yourself, and be proud for being able to do that.

**What are some of your tips for getting through a breakup? Share your thoughts below.**