

Leg Contouring is the Newest Beauty Trend for Summer



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Having the perfect summer legs has probably been one of your goals since the beginning of the year. Having a busy work schedule can make it difficult to go tanning and to work out. The newest beauty trend of the summer can help you cheat your way into having the perfect legs!

Leg Contouring is the hottest [beauty trend](#) of the summer. Check out our help guide for achieving

the look!

1. Exfoliate and moisturize: Before contouring your legs, it's crucial to make sure they are smooth and hydrated. The dark tones from your make-up will make flakes of dry skin noticeable, which would ruin the illusion. Wash your legs with a body scrub bar, then moisturize with your favorite lotion.



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lushcosmetics/Instagram

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2. Use dark shade to define muscles: Once your skin is moisturized, grab a dark toned concealer stick that is a few shades darker than your natural skin color. Point each foot and make lines on the areas of where your leg muscle flexes. Use the dark toned concealer stick to also create an circle around your knee cap. This shade will define your legs by making them appear toned.



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rosaliesaysrawr/Youtube

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3. Use light shade to make skin radiant: After using a dark toned concealer stick, grab a light toned concealer cream and cover over the remaining areas of the skin which have not been covered in make-up. Stay away from liquid based concealer for this look! You do not want streaky legs if you plan on wearing this for a [date night!](#)



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4. Blend: The last step to achieving contoured legs is to blend both concealers together. Grab your best blending brush or sponge to blend the light and dark tones. Both of the colors together will make your skin appear tan and toned for the desired look. For finishing touches, you can add a shimmery bronzer powder to make your legs really glow!



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Would you attempt this make up trend? Leave your thoughts in the comments.