

Celebrity News: Tempers Flare Between Lee & Kenny on 'The Bachelorette'



By [Melissa Lee](#)

On this week's episode of *The Bachelorette*, jealousy proved to be a dominant emotion as fierce competitors Lee and Kenny began to battle it out. In [celebrity news](#), [UsMagazine.com](#) reported that Lee initially interrupted a heartfelt moment between Kenny and Rachel Lindsay, this season's *Bachelorette*. By the end of the night, Kenny and Lee had engaged in a screaming match. According to Kenny, Lee had been giving him "shade" and was "super disingenuous," but Rachel ended up giving them both roses.

This celebrity news is evidence that jealousy comes in a lot of forms. What are some ways to deal with a jealous partner?

Cupid's Advice:

Although this conflict is a result of reality television, jealousy exists in a real life. Dealing with a jealous partner can be difficult, but can get easier when it's handled the right way. Luckily, Cupid has some [relationship advice](#) for this situation:

1. Trust: If there is jealousy in your relationship, it most likely exists because there isn't a mutual trust between you

two. The first step to dealing with a jealous partner is to enforce trust as much as possible. Do your best to reinforce this by reflecting trustworthy behavior, and your significant other will slowly begin to understand that they don't have as much of a reason to be jealous.

Related Link: ['Bachelor' Celebrity Couple Sean & Catherine Lowe Share 'Foolproof' Marriage Advice](#)

2. Be understanding: If there has never been a breach of trust in your relationship, it's of importance to understand that your partner's jealousy comes from a separate cause, whether it be a previous unhealthy relationship or something as simple as anxiety. Don't get frustrated with your partner and constantly question why they don't trust you. Instead, work with them, asking what you can do to make them more comfortable.

Related Link: [Celebrity News: ABC Suspends 'Bachelor In Paradise' Production in Mexico Amid 'Misconduct' Allegations](#)

3. Be aware of the healthy/unhealthy line: Jealousy is a natural emotion, so it's understandable if you or your significant other exhibits such behavior. However, you should be aware of when their conduct becomes unhealthy – if they prevent you from going places with other people, if they're texting/calling you *nonstop*, etc. Make sure you recognize if it starts to become obsessive and unhealthy.

What are some of your tips for dealing with a jealous partner? Share your thoughts below.