

# Celebrity Couple: 10 Reasons Chrissy Teigen and John Legend are Relationship Goals



By [Katie Gray](#)

In Hollywood, there's a lot of lust and love in the air. Lately it seems that, sadly, marriages and relationships are falling apart left and right in Tinsel Town. This is probably due to the extra pressure and contrasting busy schedules that celebrity couples are faced with. However; our favorite [celebrity couple](#) is still holding it down: [Chrissy Teigen](#) and [John Legend](#). They give us major [relationship](#) goals! Chrissy Teigen is a model and cookbook author – having appeared many times in *Sports Illustrated*. John Legend is a ten time Grammy award winning singer, songwriter and musician. He's also won

an Academy Award and a Golden Globe for his music. Legend even wrote a song for Teigen, which melted our hearts: "All of Me." It's dedicated to his love, and she stars in the beautiful music video for it. This pretty pair met on the set of his music video for "Stereo" and have been in love with one another ever since then in 2007. The couple's [celebrity wedding](#) took place in Como, Italy in 2013. Their celebrity baby daughter, Luna Simone Stephens, was born in 2016. This couple is goals, whether they're lounging at home or step out on the red carpet.

## Here are 10 reasons Chrissy Teigen and John Legend are relationship goals:

**1. Down to earth:** This couple is just like the rest of us. They are very real and genuine people, which is why they have the admiration of the country. They posted a cute candid photo of the two of them for their pregnancy announcement. You can tell just by looking at their pictures that they are down to earth. They have been open about the struggles they went through trying to get pregnant, which is something many people face and can relate with. One time back in 2015 they posted selfies at home lounging. Chrissy Teigen tweeted photos of them at 10:46 A.M. and at 2:43 P.M. in the same positions, relaxing. Just like the rest of us, they enjoy being low key at home, and sleeping in, too. Their dogs and four boxes of pizza even joined them during their entire day spent in bed! That is goals.

**2. Always laughing together:** This is a couple who knows that life is better when you are laughing! Whether it's in photos or videos, they are always spotted laughing and smiling together. They love to joke around and have a fun witty banter. All dressed up in formal attire, they went through

security and borrowed the equipment to pose for funny pictures with it. One time Teigen even hilariously blew up Legend's spot and tweeted him about how she saw him liking her tweets, while he was in the bathroom. They posted silly videos during Thanksgiving with family using funny filters. Teigen even tweeted Legend, "John is so drunk he keeps humming 50 Cent."

**3. Coolest parents at the playground:** This family couldn't be happier, then when spending time together. They truly bring each other the utmost happiness. A lot of photos are swirling around of them with their baby daughter, Luna. They go on walks, to the park, take vacations and partake in fun outings for family fun. Not only are they relationship goals and parent goals – we all want them to be our mom and dad!

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**4. Eating constantly:** Food is life, and Teigen and Legend know this. Teigen released her own cookbook *Cravings* last year in 2016. It is made for people who want realistic recipes. And for people who want it, "spicy, salty, sticky, crunchy, juicy and oozy." Often times Teigen and Legend will post food photos, as well as pictures and videos of themselves in the kitchen cooking it up. They say the way to someone's heart is through their stomach, and we all agree that is true. One of their most iconic moments to date, is when Legend was eating chicken off of a tray on Teigen's body while they were at the pool. This pretty pair has even have taken cooking classes together! What a fun date! We know we are all craving, a relationship like this.

**5. Humble:** Teigen and Legend are very humble and sincere. They are also incredibly proud of one another. When Legend won an Academy Award, Teigen posted proud photos at the Oscars, and selfies that night of them sleeping with the golden Oscar statue in their bed. Often when they are at award shows, the camera catches them dancing and singing in their seats

together, it's so cute! They watch sports together, in matching team apparel.

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**6. Love each other for who they truly are:** All you need in life is, love. This celebrity couple proves that it is true. They are each other's soulmates. Teigen and Legend both embrace one another for who they really are as people, and accept one another's interests. During their anniversary one year, Teigen and Legend had a candlelit fancy dinner together. She let him watch college football on his phone for some of it as a present, because she knows it means a lot to him. Even in a relationship, we still are individuals and shouldn't lose ourselves. We don't have to have all of the same likes and interests, but it's important to realize that if it's important to them, you should realize that, and then it's important to you too. Relationships are all about compromise and acceptance.

**7. Family oriented:** From their interviews and things they post on social media, it's apparent that they are close to their family. In life, family is always the most important thing. Teigen is very close to her mother and they both always have family over. They have family dinners and big celebrations on the holidays. These two love being parents to their baby. Legend went all out for Teigen's first Mother's Day. He had the baby in a themed onesie and captioned the photo, "To my wonderful wife, Luna and I are so lucky to have you in our lives. If our daughter can be even half as awesome as you, I will be so happy and proud. Happy 1<sup>st</sup> Mother's Day!" With Mother's Day approaching soon, we wonder what awesome surprise we can expect from them this year? Time after time, they out do themselves. We can't help but love them!

**8. Loyal:** The key trait of being in a relationship is to be loyal. Legend and Teigen are always on the same team, and that is very important. There was a time when people were "mom-

shaming” Teigen, which is not okay. It’s also sexist, so Legend stated, “Funny there’s no dad-shaming. When both of us go out to dinner, shame both of us so Chrissy doesn’t have to take it all. We’ll split it.” How wonderful is that? We are experiencing a time when women are fighting hard to have equal rights that are deserved and long overdue. This is the height of feminism and it’s great that males are also on board supporting the issue, like Legend. A big issue is wage equality and also circumstances like this, mom-shaming. They score a million points in our book for the way they balance their relationship and maintain fairness!

**9. Their love song:** “All of Me” is a beautiful love ballad that Legend wrote about Teigen. It’s about their relationship and how much he loves her. He dedicated it to her and it is a loving homage to her. She said in an interview about the song, “I did cry when I heard it, I’m emotional, but I really don’t cry at things like that, but yeah, it’s beautiful, and live it’s pretty unreal.” The two of them even star in the amazing music video for the song. (Which is also a piece of artwork by itself.) Watching the video, and listening to the song, it’s evident that their love is true and their bond is strong.

**10. Affectionate:** This couple gives us goals because they know how to display the proper amount of affection. They manage to balance perfectly – not too little, not too much. Even the photo of Chrissy kissing John’s nose was perfection. You can tell when they are hanging out, they can’t keep their eyes off of each other. They literally glow. Relationships are all about affection and passion. Because if you don’t feel strongly about the person you’re with, then you probably shouldn’t be with them. It couldn’t be more crystal clear that these two are truly in love. They take mirror pictures together, dance in waffle houses in evening wear attire, and are often in their own world together – which is how it should really be!

**What are your favorite traits that make Chrissy Teigen and**

**John Legend your relationship goals? Comment below!**