

# Celebrity Break-Up: Demi Lovato & Guilherme 'Bomba' Vasconcelos Split



By [Noelle Downey](#)

There's trouble in paradise for one [celebrity couple](#) this week! According to [UsMagazine.com](#), Demi Lovato and MMA fighter boyfriend, Guilherme "Bomba" Vasconcelos, have officially called it quits. The [celebrity exes](#) first started seeing one another in July of last year, shortly after Lovato and long-time boyfriend Wilmer Valderrama had their [celebrity break-up](#). Although Lovato and Vasconcelos were "just having fun" a source close to Lovato confessed, the two rekindled their [Hollywood relationship](#) in January of 2017 and have since been verbal on social media about their celebrity love story.

Lovato gushed over her celebrity relationship to TV talk show host Ellen in April, saying, "I'm very happy. Life is really good." So what happened to break apart this [famous celebrity couple](#)? A source close to the exes claims, "It wasn't a dramatic split. Bomba is a good guy, but the relationship just ran its course."

## **This relationship has ended up a celebrity break-up. What are some ways to know your relationship is done for good?**

### **Cupid's Advice:**

Break-ups are never fun, but Cupid is here with the top tips on how to know when your relationship has officially run its course:

**1. When the end feels inevitable:** If you feel as though you're just counting down the days until something snags and you guys finally have the final fight that leads to the demise of your couplehood, it may be already time to call it quits. Relationships generally shouldn't feel like they have a looming expiration date, and if you feel as though any good times you have are constantly overshadowed with your gut-feeling that this relationship isn't going to last, then you should trust your instincts.

**Related Link:** [Celebrity News: Demi Lovato Supports Rumored BF Guilherme Vasconcelos at MMA Fight](#)

**2. When neither of you is upset:** If you feel as though your relationship has deflated to the point that neither of you is particularly invested in it continuing, then do yourself both a favor and cut it off so you can go find something that really fills you both with passion. If you can broach the

topic of your break-up without either of you feeling like you're really losing anything of value, then it's probably time to cut the cord and get on with your lives, separately.

**Related Link:** [Celebrity News: Joe Jonas 'Likes' Pic of Ex Demi Lovato with On-Again Boyfriend Guilherme 'Bomba' Vasconcelos](#)

**3. When you feel consistently unhappy:** If you're in a relationship where you feel as though you're always waiting for the "good time" and the moment when you'll really feel like you and your partner are clicking, then take a step back and consider why that is. It could be that your relationship isn't really what you want it to be, and that could be because of the person you're in that relationship with. Remember, you don't need to have a million reasons to leave someone, you just need one good one, and being consistently unhappy in your relationship is a great reason to call it quits permanently.

**Have you ever been in a relationship that didn't work out? How did you know when it was really over? Let us know in the comments!**