

Celebrity News: Jodie Sweetin Ends Engagement to Justin Hodak and Gets Restraining Order



By [Delaney Gilbride](#)

In [celebrity news](#), *Full House* alum Jodie Sweetin has called off her year long engagement to Justin Hodak. According to [EOnline.com](#), Sweetin's representative contacted E! News concerning the [celebrity break-up](#) and stated: "We can confirm that actress Jodie Sweetin and her fiancé Justin Hodak have ended their relationship. She appreciates everyone's understanding for their need for privacy at this time." The [celebrity couple](#) announced their engagement in January 2016 after dating for two years; Sweetin took to Instagram to show off her diamond ring claiming her fiancé did "a great job" picking it out. Sweetin had been married three times prior to her engagement to Hodak. She shares her daughter Beatrix Carlin Sweetin-Coyle with ex-husband Marty Coyle and her eight year-old daughter Zoie with Cody Herpin.

This celebrity news has us fearing for Jodie Sweetin. What are some ways to protect yourself from an abusive partner?

Cupid's Advice:

Nothing is more stressful than having an abusive ex and it's

extremely important to know what to do when you run into this problem. Protect yourself from your abusive ex by taking our [relationship advice](#):

1. Be aware that there are domestic violence shelters: It may not be well known, but there are domestic violence shelters available for those in need. They will provide you with safety services, support, and resources for you and your children. These shelters will give you all of the resources to help you get back on your feet following an abusive relationship.

Related Link: [Celebrity News: Find Out About Sandra Bullock's Life After Jesse James](#)

2. Secure your new home and be aware of who you share your information with: Make sure that you're careful when it comes to moving into your new home following an abusive break-up. It's a good idea to change locks, windows, and to install a good security system. Also, make sure only people that you trust know the address to your place... you don't want your ex finding this information out.

Related Link: [Relationship Advice: How Far Will You Go for a Relationship?](#)

3. Change your routine: If you were in your relationship for a long period of time, chances are that your ex knows your day to day routine and may want to use this information to their advantage. Avoid this by changing your day to day patterns; although this may be inconvenient, it's better than having your ex follow you around. Go to different shops, grocery stores, and take new ways to work.

Have you ever been through an abusive relationship? Comment below with how you protected yourself following your break-up.