## Celebrity News: 'Bachelor' Villain Corinne Olympios Parties in Miami After Nick Viall Split





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## **Delaney Gilbride**

In <u>celebrity news</u>, the latest <u>Bachelor</u> dumpee Corinne Olympios was spotted in Miami looking surprisingly well after her split from Nick Viall. According to <u>UsMagazine.com</u>, the 24 year-old reality star was seen relaxing and soaking up the sun at a friend's birthday party in Miami on March 4. Following her failed <u>celebrity relationship</u> with <u>Bachelor</u> Nick Viall after a <u>romantic getaway</u> to Olympois' hometown, it looks like the Miami native is doing fairly well. During a recent interview with <u>Good Morning America</u> the morning after her elimination

aired, Olympios confessed, "I definitely was surprised when I got sent home. We had just had such an amazing hometown date, and things went really well with my family. I just thought we had a lot of fun." When asked by Jimmy Kimmel if we'd be seeing Corinne on the upcoming season of Bachelor in Paradise in a different interview, she joked, "If anyone ever tries to give me a red rose again, I think I might punch them in the face."

## This celebrity news isn't exactly surprising. What are some ways to get over a fresh break-up?

## Cupid's Advice:

Getting dumped is hard, and it's going to take some time getting used to being alone again. It really begs the question, how do you get over a bad break-up? Cupid's here with <u>relationship advice</u>:

1. Lean on your friends: Your friends will be there for you during the ups and downs and they're the best source of comfort after a bad break-up. Don't allow your thoughts to take over, grab a bottle of wine and kick back with your girls!

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2. Write it out: Sometimes the best way to get your aggression out is to write it out. Take a couple of hours to yourself and write down everything you're feeling. This type of release is a great way to start healing following a break-up.

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**3. Do the things you love:** Nothing is better than doing the things that you love. Take time for yourself and be selfish! Eat all the sweets, watch all the movies, and treat yourself to something special because *you* deserve it.

Have you gone through a recent break-up? Comment below with some tactics that helped you get over the heartbreak!