

Celebrity Exes: Late George Michael's Ex Opens Up About Relationship



By [Delaney Gilbride](#)

In [celebrity news](#), late George Michael's ex Kenny Goss finally opened up about his emotions regarding the death of the British icon. During a recent interview with *The Dallas Morning News*, Goss had nothing but fond memories of his longtime boyfriend, proclaiming, "He was truly the love of my life." Michael and Goss began their [celebrity relationship](#) in 1996 and split in 2011, only a few years after the two were said to be getting married. Goss told [People.com](#) exclusively that he's absolutely heartbroken by the loss of his "dear

friend” and “longtime love.” Goss claims: “He was a major part of my life and I loved him very, very much.” Kenny Goss is now putting all of his focus on the British art collection organization, The Goss-Michael Foundation, in order to “give money back” and “help the people.” It’s what George would have wanted.

This [celebrity ex](#) is opening up emotionally about his late ex-boyfriend, George Michael. What are some ways to help your partner cope with tragedy?

Cupid’s Advice:

Coping with a tragedy is never easy, but help from your loved ones can make it a bit more bearable. The thing is, dealing with death is hard for everyone, so how do you do it? Cupid’s here to help you cope with the latest [relationship advice](#):

1. Listen with compassion: Let your partner know that you’re going to be there to listen whenever they need it. It’s extremely important that your partner finds comfort in the fact that you will be present for them in their time of need. Nothing is worse in grieving than the feeling of being utterly alone.

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2. Recognize the stages of grief: In order to help your loved one grieve, you first have to understand what’s going on inside their head. There are five stages of grief that go in this specific order: denial, anger, bargaining, depression, and acceptance. Once you understand this, you’ll be able to

start understanding how to help your loved one cope.

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3. Realize that everyone copes differently: There is no “right” way to cope with a tragedy; everyone is different. Some may want to be alone, some may never want to be alone, some may cope for years, and some might not need to cope at all. Try to understand the way that your partner is handling things, and realize that it will be a journey for the two of you. No matter the way they cope, nobody should do it alone.

Has your loved one just endured a tragedy? Comment below with some tips on how you helped them get through it.