

Celebrity News: 'Bachelorette' Alum Ali Fedotowsky Says Dating Roberto Was Her 'Most Successful Relationship'



By [Delaney Gilbride](#)

In [celebrity news](#), ABC's former *Bachelorette* Ali Fedotowsky reflects on her past relationship with Roberto Martinez, claiming it was "the most successful relationship" of her life. According to [UsMagazine.com](#), the 32 year-old *Bachelorette* alum talked about her time on the show's sixth season during her new relationship-TV talk show *Love*

Buzz, that aired this past Valentine's Day. Martinez earned Fedotowsky's final rose back in 2010, but the [celebrity relationship](#) did not last very long as the couple called off their engagement in November 2011. Now engaged to Kevin Manno, the father of her baby girl, Molly, Fedotowsky claimed her engagement to Martinez was the most successful relationship of her life because she learned so much about herself. On the premiere of *Love Buzz*, Fedotowsky said that "the real failure is, and the real sad thing, would be to stay with someone you're not meant for."

In [latest celebrity news](#), Ali is reflecting on her past relationship with Roberto Martinez. What are some positive things that can come from dating and then breaking up with someone?

Cupid's Advice:

It seems that even after a [celebrity couple](#) splits, the two still manage to get back on their feet. No matter how devastating it may be for them (and us), how do they still manage to come out of the break-up strong? Cupid's here to help you find the positives in a failed relationship:

1. You'll realize there was a reason *why* you broke-up in the first place: During a break-up, your emotions may have been getting in the way of your logical thinking. While focusing on what could still work in the relationship, you most likely ignored what *wasn't* working. Following your break-up you'll realize why this person wasn't truly meant to be and that there was a reason the relationship didn't work.

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2. You'll feel free: No happy relationship ends in a break-up. Once the relationship ends, you'll most likely feel a heavy burden lift off your shoulders. When you realize just how miserable you could be if you were still with that person, a sense of relief is bound to overcome you.

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3. You'll learn what doesn't kill you *really* does makes you stronger: Nobody said break-ups were easy; but time truly does heal all wounds. You'll come to realize that the failed relationship was a lesson learned and you'll now know what works for you and what doesn't. A break-up isn't the end for you, it's simply a new beginning.

Did you just go through a tough break-up? Comment below with some positive outcomes from your past relationship!