

Celebrity Break-Up: Paris Jackson & BF Michael Snoddy Call it Quits



By [Whitney Johnson](#)

It looks like Paris Jackson is back on the market...for now. As confirmed by [UsMagazine.com](#), the aspiring actress, who is set to appear in Fox's new series *Star*, recently split from her boyfriend of less than a year Michael Snoddy. Speaking about the [celebrity break-up](#), an insider said, "It appears that Paris and Michael have parted ways for now, but their future is uncertain. She is doing well, enjoying being on set and focusing her energy on the opportunities ahead." Just last month, the former [celebrity couple](#) enjoyed a romantic trip to Paris, France. Only time will tell what the future holds for

this celebrity relationship!

Paris Jackson is focusing on her career following her celebrity break-up. What are some ways to cope right after a hurtful split?

Cupid's Advice:

1. Work, work, work: The worst thing you can do is sit around and mope about your split. Take a cue from Jackson and throw yourself into your career instead. Accept an extra project or two. Offer to work overtime. Who knows – your efforts may even pay off with a promotion or raise!

Related Link: [Celebrity Couple Paris Jackson and Chester Castellaw Look Happier Than Ever](#)

2. Find a new hobby: Have you always wanted to learn Spanish or take up rock climbing? Maybe you want to sign up for a cooking class or take painting lessons. Now's the time! Use your break-up as an excuse to focus on what's most important: *you*.

Related Link: [Celebrity Break-Up: Kylie Minogue & Fiancé Joshua Sasse End Engagement](#)

3. Plan a trip: Sometimes, the best way to get over heartbreak is to distance yourself from it. Get out of town – literally! Escape the winter blues, and head to somewhere sandy and sunny. It's impossible to be sad while you're wearing a new bathing suit and sipping a strawberry daiquiri on the beach.

Got any tips for dealing with a break-up? Tell us in the comments below!