

Celebrity Couple News: Michael Phelps & Wife Nicole Johnson Enjoy Rare Night Out



By [Whitney Johnson](#)

According to [UsMagazine.com](#), professional swimmer Michael Phelps and wife Nicole Johnson Phelps recently enjoyed a rare night out. The parents of nine-month-old son Boomer were spotted at the Giving Back Fund's 8th annual Big Game, Big Give Super Bowl charity event, presented by BBO Poker Tables, in Houston, Texas. The [celebrity couple](#) secretly wed two months before Phelps competed at the Rio Olympics this past summer.

This celebrity couple is finally making an appearance in public! What are some ways to know it's time for a date night?

Cupid's Advice:

As all new parents know, finding time for a date night is tricky but always worth the extra effort. If you, like this celebrity couple, rarely have time alone with your significant other, you may be in need of a date night. Check out this [dating advice](#) from Cupid:

1. You feel disconnected: It's easy to get caught up in the craziness of spending long days at the office, getting your kids to school and soccer practice, keeping your house clean – the list goes on. Remember that relationships need attention too, and make an effort to spend a little one-on-one time with your partner.

Related Link: [Olympian Ryan Lochte Says He's 'Always Looking' for the Perfect Girl](#)

2. You can't remember the last time you got dressed: If you're a new parent, you surely understand the haze of midnight feedings, sleepless nights, and fussy babies. It's common to go days or even weeks without getting dressed or doing your hair and make-up. A date night is the perfect reason to give yourself –and your partner – some much-needed attention.

Related Link: [Celebrity Video Interview: Olympians Meryl Davis and Charlie White Dish About Their Love Lives!](#)

3. You always make an excuse: “We’ll go out to dinner next week.” “Let’s wait and plan a date night for Valentine’s Day.” “Our anniversary is coming up – we’ll do something then.” Do

any of these phrases sound familiar? While it's tempting to push date night to the back burner, it's just as important as grocery shopping and brushing your teeth. No more excuses!

**How do you know when you and your partner need a night out?
Share your best love advice in the comments below!**