

# Dating Advice: How Long Will It Take Until I Finally Meet The One?



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Arica Angelo to offer their best [dating advice](#) on how long it should take for you to meet "the one." Learn how you can improve your chances at finding love with the following dating tips!

## Dating Advice That Will Help You Find Your "One"

**1. Pay attention.** Look at the people around you. Don't rely on dating apps to find someone, it distracts you from people you see in your daily life. Pay attention and observe the relationships around you- you never know who is nearby checking you out. Sometimes your lover is the guy you kept in your friends circle.

**Related Link:** [Dating Advice: How to Meet Men if You're Shy!](#)

**2. Be thankful.** Appreciate the dates you do have. Don't be negative and complain about what your date didn't do right. If you have frequent dates, you should be grateful for that. You're spending time with someone who's interested in you and you're connecting with them. That's a beautiful moment, be thankful for it.

**Related Link:** [Relationship Experts Talk Capturing His Attention \(In Person!\)](#)

**3. Find focus.** Determine what kind of love you want and stick to it. Don't settle for less or let your circumstances affect your dating life. Be careful though, your desires could be too rigid; a list can write off eligible candidates. Make sure the qualities you want in a partner stem from love and not fear.

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