

# David Foster Talks Life After Celebrity Divorce from Yolanda Hadid



By [Whitney Johnson](#)

Music producer David Foster recently opened up about his [celebrity divorce](#) from *Real Housewives of Beverly Hills* alum Yolanda Hadid and revealed that being single in his sixties is better than expected. According to [UsMagazine.com](#), in a recent interview with *Vanity Fair*, Foster candidly said, “I tend to go from marriage to marriage – leaving one wife for another. This is the first time in my adult life that I’ve been single. It’s a very powerful feeling, but I’m not used to it.” The former [celebrity couple](#) first announced their split in December 2015, and Hadid officially filed for divorce the next month.

**This celebrity divorce proves that being single is a “powerful feeling.” What are some ways to embrace being single?**

## Cupid’s Advice:

For many people, it’s tempting to jump from relationship to relationship, but sometimes, the best thing is just to focus on yourself. Take time to get to know who you are and what you want out of life. Whether you’re recovering from heartbreak or happily enjoying your alone time, check out this love advice for three ways to embrace being single:

**1. Be selfish:** When you're in a relationship, it's important to compromise, but when you're single, it's okay to make it all about *you*. Watch your favorite movies. Read your favorite books. Spend your time however *you* want to spend it – and don't feel bad about it! Do whatever makes you happy.

**Related Link:** [Yolanda Foster Files for Celebrity Divorce from David Foster](#)

**2. Focus on your non-romantic relationships:** It's easy to let your friendships fall to the wayside when you're in love and wanting to be with your boyfriend 24/7. Now is the time to rebuild those relationships. Make an effort to grab coffee with an old college friend or throw a dinner party for your best girlfriends.

**Related Link:** [Celebrity News: Yolanda Foster Says Ex David Foster 'Probably Saved My Life'](#)

**3. Set new goals:** Instead of wallowing in self-pity and loneliness, use this opportunity to better yourself. Professionally, go after that promotion at work, or if you're unhappy in your current job, look for a new one. Personally, train for a half-marathon, paint your bedroom a cheery yellow, or start writing that book. Just because you don't have someone by your side doesn't mean your life can't be happy and fulfilled.

**How do you embrace being single? Share your love advice in the comments below!**