

# New Celebrity Couple: 'This Is Us' Star Chrissy Metz Goes Public with Boyfriend Josh Stancil



By [Whitney Johnson](#)

Over the weekend, *This Is Us* star Chrissy Metz introduced the world to her boyfriend Josh Stancil at *Entertainment Weekly's* SAG Awards party in Los Angeles. According to [UsMagazine.com](#), the [celebrity couple](#) met through a friend and have been dating for a couple of months. The breakout TV star couldn't hide her happiness as she walked the red carpet with Stancil, who is reportedly a cameraman on the hit NBC show. Last month, she opened up about her new beau and their [celebrity relationship](#),

saying, “He’s an amazing guy. He’s super supportive and encouraging, and that’s all I could ask for. And he’s definitely a fan of the show.”

## **This celebrity couple is making their relationship public! What are some things to consider before bringing your relationship into the public eye?**

### **Cupid’s Advice:**

It’s not always easy to introduce your new partner to your friends and family, and it’s often even harder to know the right time to do so. Before you bring your relationship into the public eye, read this love advice below:

**1. Cancel your Match.com account:** Before you bring your loved ones into the equation, make sure you and your partner are on the same page. If you’re falling in love but he’s still seeing other people, now isn’t the right time to take a big step forward. Once you’re both ready to be exclusive, you can talk about making friend and family introductions.

**Related Link:** [Celebrity News: This Is Us Star Mandy Moore Wants to Have Kids ‘Sooner Than Later’](#)

**2. Don’t rush it:** Wait until you’ve been dating exclusively for at least three months (like this celebrity couple!). It’s important that you’ve worked through the early dating ups-and-downs and that your relationship is stable. You don’t want to introduce your man to your BFF, only to break-up with him after a silly fight a few days later!

**Related Link:** [New Celebrity Couple Look ‘Smitten’ While](#)

## [Hanging Out With Friends](#)

**3. Keep it low-key:** Don't introduce your partner to your loved ones at a wedding, family reunion, or holiday dinner, as these events add an extra level of pressure. Not only will they be meeting nearly everyone in your circle at once (talk about nerve-wracking!), but it's hard *not* to jump ahead to the future when you're celebrating a new marriage or gathered around the Christmas tree.

**How did you know when to introduce your partner to your family and friends? Tell us in the comments below!**