

# Celebrity Exes: Find Out How Bella Hadid Feels About The Weeknd & Selena Gomez's New Romance



By [Cortney Moore](#)

It looks like everything is going well for The Weeknd and [Selena Gomez](#). However, it seems that not everyone is happy about the [celebrity couple](#)'s new romance. According to [EOnline.com](#), Bella Hadid isn't happy about her celebrity ex moving on without her and has even unfollowed Gomez on Instagram in retaliation to the new couple's PDA photos. "She is actually not over The Weeknd. She still loves him," a source shared with *E!*. "It really hurt her seeing Selena be all up on her man. She still feels like they have a connection." Though Hadid and Gomez have been cordial to each other on Instagram, the pair are also not good friends, so Gomez has no issue enjoying her dates with The Weeknd.

However, the plot thickens with this love story since another source told *E!* that The Weeknd has always “had a thing for Selena.” Only time will tell if Hadid can get over her [celebrity ex](#).

**These celebrity exes probably aren't on the best of terms at the moment. What are some ways to keep things civil when your ex moves on with someone else?**

#### **Cupid's Advice:**

Dealing with exes can be tricky. Although you may be angry or hurt about the breakup, there's no need for additional drama. If you've noticed that your ex has moved on with someone else, then let Cupid help you keep things civil between you and your ex with the following tips:

**1. Cut them off:** People struggle with this, but cutting off communication with your ex is the best way to get over them, especially if you notice they've been dating again. Speaking to an ex regularly or stalking their social media accounts are just a way of latching on to the “good old times.” Remember that you broke up for a reason, so it's important to not fixate on them. And don't worry about being the “uncool” ex; you don't *have* to be friends with an ex!

**Related Link:** [New Celebrity Couple: Why Selena Gomez & The Weeknd Went Public With Their Relationship So Soon](#)

**2. Get your date on:** If cutting them out of your life isn't an option, another great way to be civil towards your ex is to date other people. Going out and having fun will release endorphins in your body that will help you forget the

heartache you experienced during the break-up. However, make sure you're out dating for your own enjoyment, not because you're in competition with your ex and their new partner.

**Related Link:** [Celebrity Couple Bella Hadid & The Weekend Call It Quits After Almost Two Years](#)

**3. Find a focus:** Being single can be also be a good thing. It allows you the freedom of making those big changes in your life. Take on a new hobby, find a job you love, study something that you've always found interesting. Whatever it is you've wanted to do, pursue it and make it a priority. Distracting yourself from the breakup will allow time to heal your heart. And with a healed heart, it'll be much easier to keep things civil with your ex.

**How have you coped with an ex moving on? Share your stories and advice below!**