

# Celebrity Couple Reunited: Demi Lovato Is Back Together with Guilherme Vasconcelos



By Justin Thomas

In [celebrity news](#), “Confident” singer Demi Lovato is igniting the New Year with an old flame. After the 24-year-old pop star called it quits with UFC Middleweight Champion [Luke Rockhold](#), she revisited her relationship with MMA fighter Guilherme “Bomba” Vasconcelos. According to [UsMagazine.com](#), [celebrity couple](#) Vasconcelos and Lovato initially got together back in July, but after Lovato’s date with Rockhold, the hookup was cut short. At some point Lovato and Rockhold threw in the towel making way for Vasconcelos to swoop back in before the New Year. Vasconcelos shared a pic on Instagram showing the pair celebrating New Year’s Eve together. Lovato hasn’t made reference to her new(ish) relationship, but if things are heating up like they appear to be, he’ll make a charismatic debut on her social media in no time. To further complicate things, Lovato ended a six-year relationship with [Wilmer Valderrama](#) last June, but it looks like she’s enjoying playing the field.

**This duo is a celebrity couple once more! What are some things to consider before starting to date an ex again?**

**Cupid’s Advice:**

Dating an ex could make for quite the sticky situation if you're not careful. Here's some advice on how to make dating an ex a smoother transition:

**1. Fools rush in:** Really think about this decision. Think long and hard. Don't feel pressured to fall back into old ways without analyzing your feelings.

**Related Link:** [Is Dating Your Ex Off Limits?](#)

**2. Starting over:** This is a lot easier said than done. But if you're going to start a new relationship with an old partner, you should treat the relationship like new. You can't immediately pick up where you left off with old grudges and hurt feelings. With that said...

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**3. They're an ex for a reason:** Address the issues you had in the past, and think about the idea of why you two initially broke up in the first place. If those problems are still alive between you two, chances are they'll have the same inevitable effect.

**What are your thoughts on dating an ex? Share your thoughts below!**