

January Jones Opens Up About Being a Single Celebrity Mom



By Justin Thomas

In a recent [celebrity news](#) from [Red Magazine](#), *Mad Men* actress and proud [single celebrity](#) January Jones opened up about the only (little) man she needs in her life. That, of course, being her 5-year-old son, Xander. She has never revealed the identity of Xander's father to the public, saying that that information is strictly the business of her son. Jones, 38, said something a lot of modern day single moms might need to hear: "It's good to have strong women around a man. To teach him to respect women. He doesn't have a male person in his life saying 'don't cry' or 'you throw like a girl.' All those s—ty things dads accidentally do." She went on to say, "I just

don't feel I need a partner. Do I want one? Maybe. But I don't feel unhappy or lonely,".

This single celebrity is totally fine being alone! What are some ways to embrace your single lifestyle?

Cupid's Advice:

It can sometimes be hard to walk in a single person's shoes but it doesn't always have to be. Here are some tips to help make the stride a little easier:

1. Single doesn't mean alone: Keep family and friends close to you heart. Make sure you make and spend time with loved ones. Don't underestimate the value of family and friendship and all of the love and support they offer. We all get by with a little help from our friends.

Related Links: [Think You Need a Man at Your Side? Think Again!](#)

2. Enjoy your own company: Learning to enjoy your own company isn't just important for single people; it's essential for everyone. From the social media crazed world we live in today to the office to the local mall, we're surrounded by people from every angle. Getting that alone time can help you not only rejuvenate, but also to learn a lot about yourself. Maxwell Maltz said it best: "If you make friends with yourself, you will never be alone."

Related Links: [Single Celebrity Susan Sarandon 'Trying to Figure Out' the Single Life](#)

3. Stay positive: Whether you're single and looking, not looking, open or not open to a relationship, it's still

important to keep a positive attitude about life. No one likes a cynic. Remember there's so much in life to appreciate aside from relationships.

What are your thoughts on being satisfied and single? Share your opinion below!