

Dating Advice: 3 Ways You're Sabotaging Yourself at Finding Love



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On this week's episode of Single in Stiletto, founder and matchmaker Suzanne Oshima talks to relationship expert Michelle Marchant Johnson to offer their best [dating advice](#) for those who want to improve their love life. Learn how you might be sabotaging your chances of finding love with the following dating tips!

Dating Advice That Will Improve

Your Chances At Finding Love

1. Limiting beliefs. Don't let your mind cast doubt. If you let negative thoughts and fears take over, you'll ruin your chances at a relationship. Ignore those limiting beliefs if you want to move forward and find someone who will love you.

Related Link: [Dating Advice: Revive Your Love Life & New Year's Resolution By Losing Weight, And Keeping It Off!](#)

2. Get support. Ask someone you trust for help. If your dating methods aren't working, don't keep practicing them in hopes one day you'll have a better result. Reach out to a friend and ask them to provide you constructive feedback.

Related Link: [Dating Advice: 3 Biggest Mistakes Keeping You from True Love](#)

3. Advocate for yourself. Create opportunities where you can meet someone . Finding love takes effort. A good relationship isn't just going to land in your lap. You need to work for it, so don't be afraid to put yourself out there.

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