

Celebrity Break-Up: 'Bachelor in Paradise' Couple Josh Murray & Amanda Stanton Split



By Justin Thomas

There seems to be major trouble in *Paradise* for the *Bachelor* Nation stars-turned famous [celebrity couple](#) Amanda Stanton and Josh Murray as their engagement comes to a not so shocking end. The pair met and fell in love on season 3 of *Bachelor in Paradise*, even getting engaged at the end of the season. Murray moved his life in Georgia to be in California with Stanton and her two daughters, Kinsley and Charlie, who also reportedly stole his heart. According to sources who spoke to [UsMagazine.com](#), "Murray got upset" at Stanton at the 2016 Jingle Ball concert after it came out that she had withheld some truths about her drinking during trip to Lake Tahoe with gal pal *Bachelor in Paradise* alum Ashley Iaconetti. Murray reportedly left Stanton at the concert and shortly after headed home to Atlanta. Sources also say the split was a long time coming, but Murray's love for the two girls has kept him

at bay.

Chalk up another celebrity break-up for this *Bachelor Nation* couple. What are some pieces of advice for breaking the news about your break-up to family and friends?

Cupid's Advice:

When you're in a new relationship, it's exciting to think about introducing your loved ones to your partner, but no one ever thinks about the potential reverse side of that. Rightfully so. But when that time does come to help soften the blow, here are some tips to keep in mind:

1. Don't be embarrassed: Love's a gamble. Breaking up can be mortifying, especially if you've had major plans and expectations. If a break-up hits you abruptly, take it in stride and know that things happen, especially in relationships. There's no reason to be embarrassed, because it's a normal part of life.

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2. Be strong in your decision: Make sure this is a serious breakup and not a petty disagreement. If it's serious, give it some time before you make any major denouements. Don't let the sighs and the sad faces break you down. If you've made the decision to breakup, either collaboratively or independently, don't forget that you've already accepted that.

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3. Allow your loved ones to have their feelings: Although they

weren't the ones who were in the relationship, it's obvious they'll feel some sort of emotion (be it good or bad) towards the breakup, especially if they were close with your partner. Respect that and allow them some time to register the breakup.

What are some of the ways you break bad news to your loved ones? Let us know down below !