

Celebrity News: President Obama Says He's 'Pretty Relaxed' About His Daughters Dating



By Kayla Garritano

No worries! President Barack Obama revealed that his daughters, Malia and Sasha, have been ditching family dinners to go on dates, and he isn't too worried about it. According to UsMagazine.com, the President said the [celebrity news](#) in an interview with North Carolina's WDCG radio station on Friday, November 4. "The truth is, I'm pretty relaxed about it for two reasons. One is [my wife] Michelle – she's such a great example of how she carries herself, her self-esteem, not

depending on boys to validate how you look or not letting yourself be judged by anything other than your character and intelligence. Hopefully, I've been a good example in terms of how I show respect to my wife." The second reason? "They have Secret Service," he joked. "There's only so much these guys can do."

This celebrity news has us surprised. What are some ways to get into the dating scene for the first time?

Cupid's Advice:

Dating can be scary, especially if you haven't been in the dating scene before. There's a bunch of questions that run through your mind. One of those includes, "What do my parents think?" Don't worry; Cupid is here with some [dating advice](#):

1. Double dates: If you're super nervous for your first date, bring a friend or two. Maybe they can take someone so it looks as if you're on a double date. Double dating will take the pressure off, and your friend may be able to save you from any failed conversation!

Related Link: [5 Ways to Have a Stress-Free First Date](#)

2. Take your time: Whatever you do, try not to spill your life out on the first date; you don't want to scare your date away! Just focus on similar hobbies and interests. If it all goes well, and you feel a connection, then you can begin to open up.

Related Link: [First Date Outfit Ideas: Dinner and Drinks](#)

3. It's okay to be nervous: Going on dates for the first time

is super nerve-wracking. For some people, it never gets easy, and that's okay. Being nervous means you're excited. So many things can be running through your head, but it's normal to feel this way. It's just a date, so take some deep breaths!

How did you get into the dating scene? Comment below!