

Celebrity Interview: 'Hollywood Medium' Star Tyler Henry on His New Memoir & Career: "This is Fundamentally What I'm Meant To Do"



Interview by Lori Bizzoco. Written by Kayla Garritano.
[Tyler Henry](#) is best known as the young, Macaulay Culkin look-alike who talks to spirits of deceased celebrity relatives on his hit reality show, *Hollywood Medium*. Now on a small break from filming during season two, the E! superstar has published

his first book, *Between Two Worlds: Lessons from the Other Side*.

Released just last week, Henry's memoir walks us through his journey and talks about the stars he has worked with and the spirits who have come through. "I'm only twenty, so I don't have the longest of memoirs," the California native says with a laugh. "But it does tell my story and answers a lot of those questions that I get on the street every single day." Lucky for us, the majority of the clients he reads are everyday people, not just the celebrities we see on his show.

Related Link: [Celebrity Interview: Hollywood Medium Tyler Henry Talks Upcoming Season, New Memoir & His Love Life](#)

Hollywood Medium Reality Star Releases New Memoir

In his exclusive [celebrity interview](#) with CupidsPulse.com, the newly-minted author explains how his book will help others understand what it's like to be a clairvoyant. "I think we all have an intuition, and the book covers that idea," he explains. "I always say, getting in touch with your intuition isn't really an additive process; it's a subtractive one. It's about trying to be present and be in the moment."

He adds, "I hope that everyone who reads the book is able to find a sense of relatability in that healing and finds a sense of healing through other people's stories."

While discussing his method for connecting with the other world, he mentions that *Between Two Worlds* can teach readers how to channel spirits themselves, "We all have this inner intuition and a capability to connect information and find a deeper sense of guidance in our own lives," Henry shares. Given that his waiting list for readings is 100,000 people deep, buying his book and learning to channel spirits on your

own may be a lot faster.

When asked if his mother came with him on his East Coast book tour, the reality star laughs while rolling his eyes and waving his hand. “No, I left her home,” he says. Anyone who has ever watched the show knows that Henry’s mother plays a very important role, driving her son from place to place for readings and often times getting starstruck when she hears which celebrity he just had the privilege of meeting.

An only child, Henry tells us after our celebrity interview that he has finally moved out of his parents’ home and bought a home of his own in Malibu. Then, he adds, “Now, my parents live with *me!*”

Related Link: [Celebrity Interview: Hollywood Medium Tyler Henry Talks About His Near-Death Experience & Biggest Celebrity Crush!](#)

Tyler Henry Talks About His Career as a Medium in Celebrity Interview

Henry has read everyone from Sarah Paulson (his first off-camera celebrity reading!) to Jaime Pressly and Boy George and is now known as a celebrity himself. In fact, having previously read the Kardashians, he was recently contacted by Kris Jenner to help the family identify the person responsible for Kim’s robbery during Paris Fashion Week. Sources have reported that he refused to help. However, Henry says that he *has* helped families connect with members who have gone missing. “I would like to do more of that,” he admits. “It’s something that is very sensitive, and I think that there’s a way to do it.”

The reality star never knows who he is reading until he shows up at their home, and even then, he sometimes doesn’t know who

they are or what they do – and he actually prefers it that way. “I don’t get starstruck. I don’t get distracted,” he shares. “Fundamentally, it just feels like two people connecting on a very deep soul-to-soul level.”

Even at such a young age, Henry knows that being a medium is his calling and is something he will do for the rest of his life. “This is fundamentally what I’m meant to do,” he passionately says.

For others still searching for their life path, he adds this piece of valuable advice: “If we can follow our calling in being compassionate, being caring, helping the world, and enjoying ourselves along the way, then anything is possible.”

If you want to inquire about a reading, you can visit Tyler’s [website](#). Catch the rest of season two of Hollywood Medium on E!, starting in January 2017. You can keep up with Tyler on Twitter and Instagram @tyhenrymedium and on [Facebook](#).