

Brooke Mueller Gets Restraining Order Against Charlie Sheen



The never-ending drama sparked by Charlie Sheen keeps expanding, this time with estranged wife Brooke Mueller filing for a restraining order this past Tuesday, [People](#) reports. Sheen, who has recently been in the media spotlight for his bizarre escapades and strange interviews, even caused taping of the prime-time show *Two and a Half Men* to suspend production. Although Mueller may have ordered Sheen to stay at least 100 yards away from her, the custody issues of Mueller and Sheen's two-year-old twin boys have yet to be discussed.

If your partner has a mental breakdown, what should you do?

Cupid's Advice:

It seems as though Charlie Sheen has quite simply lost his

mind. And as strange and bizarre as these sudden outbursts may be, a mental breakdown is an illness sometimes:

- 1. Offer love and support:** This may come to be harder than you think if the one you love seems to have a sudden change of heart and comes off as a completely different person himself. Remember the person you know and love, not the disease.
- 2. Get somewhere safe:** There is no telling what someone with an unstable mind may attempt. Make sure you and your children are somewhere safe, and always keeps a cellphone on you for emergencies.
- 3. Have someone to talk to:** You may not be the one with the breakdown, but that doesn't mean it won't directly affect you. Have a confidant that you'll be able to lean on for extra support when things start to get tough.