

# Celebrity News: Miranda Lambert Stuns at CMA's with Boyfriend Anderson East



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In recent [celebrity news](#), Miranda Lambert's [celebrity relationship](#) with Anderson East is heating up, and the two couldn't be more stunning! This year at the CMA's, Lambert killed the red carpet with East looking dashing next to her. [UsMagazine.com](#) reported that post [celebrity break-up](#) with her ex [Blake Shelton](#), she was really struggling, and like most artists she used her music to get through it. But now, Lambert is looking happier than ever with East, and they are becoming one of Hollywood's favorite couples! East and Lambert starting

dating last winter and have been keeping their relationship low-key. However, the two killed the CMA's with coordinating outfits. " East was in a white dress shirt, black tie and black suit, and Lambert in a low-cut, black-and-sheer Georges Hobeika gown that showed off her tanned and toned figure, along with Monika Chiang heels, a Lee Savage clutch and jewelry by Hearts on Fire, Borgioni, Butani and Doves."

## **This celebrity news has us happy that Miranda Lambert moved on from Blake Shelton. What are some ways to know you're ready to move on after a split?**

### **Cupid's Advice**

Splitting up with someone who has been in your life for a long time is a difficult decision to make. Cupid is here to help you decide about the right time:

**1. Silence:** Sometimes it can be easy to say a relationship is over when there is a lot of fighting and screaming going on. While fighting isn't necessarily a good thing, when a relationship becomes silent and there is no longer any communication, this can be the clearest indicator it is over.

**Related Link:** [Celebrity Couple Miranda Lambert & Anderson East Talk Marriage and Kids](#)

**2. Constant contest:** When the relationship is getting to its end, it can be easy to see that you both don't agree on anything. If you can never come to an understanding or meet half way on issues, the relationship may need to end.

**Related Link:** [Relationship Advice: Prepare For The Unexpected](#)

## [Love Like Blake Shelton & Gwen Stefani](#)

**3. Depressed:** If you are not happy in your relationship anymore and it is leaving you both feeling drained and depressed, staying in the relationship is only making it worse for both of you.

**When did you know you were ready to move on post-split?  
Comment below!**