

# Celebrity Couple Ryan Lochte & 'Playboy' Model Kayla Rae Reid Are Engaged



By [Ma](#)

[llory McDonald](#)

Wedding bells are in the air for [celebrity couple](#) Ryan Lochte and *Playboy* model, Kayla Rae Reid. There is nothing, but pure joy from the two as they are celebrating their [celebrity engagement](#). Lochte shared with [UsMagazine.com](#) how he felt before proposing. He said, "I couldn't really focus, I couldn't concentrate. I'm just happy everything worked out." He also shared details on the proposal to Reid, saying, "We were in a helicopter, and we went down around West Hollywood and Hollywood, and then we flew over Santa Monica and the pier, and we went up the coast in the helicopter. Then they landed us on top of a mountain in Malibu, and on the

mountain, there was a picnic that had roses and champagne, and she was like, 'What's going on?'" Lochte claims he kept messing up on his proposal speech, but finally popped the question and couldn't help but feel like "his life was complete" afterward.

## **This celebrity couple will soon be tying the knot! What are some ways to tell that marriage is the right answer for your relationship?**

### **Cupid's Advice:**

This engagement seems nothing short of a fairy tale, but sometimes a marriage isn't always the right answer. Cupid has the perfect relationship advice for how to know:

**1. Commitment:** If you are at a place in your relationship where marriage is the next step and you need that commitment to feel secure in your relationship, then it may be time to get engaged!

**Related Link:** [Celebrity News: Find Out What Olympic Swimmer Ryan Lochte Looks For In A Girl](#)

**2. Mutual want:** If both you and your partner have always wanted to get married, then it is the perfect next step in your relationship. Make sure that despite you both wanting to get married, you both are in agreement on when.

**Related Link:** [Wedding: Miranda Kerr Is Engaged to Snapchat CEO Evan Spiegel](#)

**3. Insecurities:** If the biggest issue in your relationship is insecurity that your partner is not committed to you for life, your relationship might need marriage to survive. That doesn't

mean pressuring your partner into marriage, but it may be a good idea to begin bringing up the idea.

**How would you decide if marriage is right for your relationship? Share your ideas below.**