

Naomi Watts Wishes Celebrity Ex Liev Schreiber Happy Birthday One Week Post-Split



By Kayla Garritano

A relationship has turned into a friendship! Naomi Watts posted a cute Instagram picture of her [celebrity ex](#) Liev Schreiber wishing him a happy 49th birthday on Tuesday, October 4. According to [UsMagazine.com](#), Watts posted a photo of Scheiber holding their two kids with the caption, "Happy birthday to this one!!" The couple announced they were separating after 11 years together on September 26, and have agreed to try to keep their split friendly.

These celebrity exes are keeping the good vibes. What are some ways to support your ex in a healthy way post-split?

Cupid's Advice:

It's rare to be civil with an ex after a break-up. However, sometimes you split with your partner because you both realize you're better off as friends, and that's a great realization! What if you really want to support your ex post-split? Cupid is here with some advice:

1. Don't talk badly about them: When you go through a break-up, it only feels natural to throw some negative comments their way. However, if you want to remain civil and support them, it is better off to keep those comments aside and speak more positively about them.

Related Link: [Relationship Expert Talks About Being Friends With Your Ex](#)

2. Hang out with your kids: At the end of the day, you realize that you have children together, and you do not want to risk your child's emotions for the sake of your own. You want everyone to be happy. Even if it's less than once a week, find time to bond as a "family" again. Post a picture on Instagram, just like Watts did, and show that your ex is still appreciated for being a parent.

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3. Talk about why this is for the best: If you knew your relationship couldn't last any longer, it would be good to talk it out and remember that you're doing this for everyone's best interests. Talk and make sure that you two would be

better off as friends and could make the split work to your advantage as opposed to leaving it at a bad ending.

How have you supported your ex post-split? Comment below!