

# Relationship Advice: So When Exactly IS It Time For Sex?



By [Joshua Pompey](#)

I'm ready. At least I think I'm ready. No, I'm definitely ready. Ugh, I'm sorry, but I'm just not ready! Does deciding when to have sex sometimes feel like a ping pong match in your head that ends with nobody scoring? Or perhaps, people scoring a bit too much? Well, maybe I can be of help as a relationship expert. If you aren't sure if you should have sex or wait, let's take a long look at some solid indicators with the following [relationship advice](#).

# Relationship Advice On When It's The Right Time To Have Sex

**1. You feel comfortable *without* the assistance of liquor.** First and foremost, it's all about how comfortable you feel when those 5 drinks aren't helping you to make your decision. Sure, most of us want to rip off our clothes when liquor is involved. Especially if we are extremely attracted to that person. But how do you feel when you're sober? If you aren't completely comfortable in intimate situations when your clothes are on, you probably won't feel comfortable with your clothes off either.

**2. Silence feels normal.** This might sound like a strange dating tip for an article about sex, but being able to be feel comfortable in silence around someone you're dating is a very strong indication of just how close the two of you are. Just don't stay that quiet when things get intimate!

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**3. You have talked about your relationship goals.** Keep in mind that everyone is different. Some people are content with multiple partners. Some people prefer monogamy. To each their own. But regardless of your preferences, you should know what your partner is all about with his or her intentions before taking it to that next level. Or at least have a very strong idea.

**4. The chemistry is undeniable.** Sometimes this happens on the first date. Sometimes it's after several dates. Sometimes several months. But you will know when the chemistry is too strong to stop. When this happens, just let go and enjoy it. There is nothing to feel guilty about if you are two willing partners, because let's face it, those feelings don't come around often.

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**5. When it doesn't interfere with your relationship goals.** You may feel perfectly normal having sex on the first night. But will the other person question who you are as a person if you do? Could it put a long term relationship in jeopardy? It's important to consider these questions before taking things to the next level. If you want to play it safe, having sex within the first couple of dates is risky if you're seeking out a long term relationship, unless you're absolutely certain your new partner shares your views. Otherwise, hold off until you are sure you won't be labeled or judged for your actions.

Keep an eye out for these indicators and consider my relationship advice next time you're faced with the decision on whether or not to have sex. Don't succumb to pressure, and remember that you're in charge of your body. Good luck!

*For more information from Joshua Pompey, including why matchmaker's for women over 50 are a dangerous proposition, click [here](#).*