How Gwen Stefani & Blake Shelton 'Rescued Each Other' Post-Celebrity Divorces

By Stephanie Sacco

[Celebrity couple](#) [Gwen Stefani](#) and [Blake Shelton](#) have melted our hearts over and over again. With both celebs dealing with [celebrity divorces](#) recently, it was only fitting that they found comfort in each other. According to *[People.com](#)*, a source of Stefani's said, "She had the roughest time with her divorce and was trying to be positive about her future, but she found life very difficult." Her divorce with Gavin Rossdale left her feeling empty and Shelton has helped to pick up the pieces. In [celebrity news](#), the source continued, "They almost rescued each other." It feels that way from the way they gush over each other.

This pair came together in a storm of broken hearts and celebrity divorces. What are some ways to help your partner get through heartbreak or disappointment?

Cupid's Advice:

You partner will need your support when it comes to their past heartbreak. Showing them that you care and that you're not like his ex is important for him to know. Cupid is here to help:

1. Be there for them: Support can be expressed in many ways, including simple things like a pat on the back or a hand squeeze. Little moments that demonstrate that you're there and present in the relationship are priceless.Your partner will be pleased that you made the effort.

Related Link: [Celebrity Couple Gwen Stefani & Blake Shelton Enjoy 'Honey Moon' After Birthday Celebration](#)

2. Show them you care: Ask about his past relationship and understand what went wrong and why he is so hurt. When you know what not to do, you'll have a better idea where he is coming from. Tread lightly.

Related Link: [Celebrity Couple News: Gwen Stefani & Blake Shelton Hold Hands & Share Kiss at Radio Disney Awards](#)

3. Be different: Don't treat him how his ex did. Don't play with his heart or his emotions. Guys can be sensitive, too, and you need to be aware of your partner's feelings.

How do you help your partner get over an old flame? Comment below!