

Celebrity News: 'Bachelorette' Winner Jordan Rodgers Says Ex's Claims Were 'Very Untrue'



By [Stephanie Sacco](#)

Jordan Rodgers has been all anyone's been talking about since he was first introduced on [The Bachelorette](#). With a famous brother and the [celebrity news](#) in the tabloids focused on him and his family, Rodgers hasn't had the easiest journey. According to [UsMagazine.com](#), since *The Bachelorette* finale aired and their relationship went public, he's speaking out. He said, "There's been a lot of really harsh and very untrue allegations along the way." The celebrity gossip following him came from his ex-girlfriend Brittany Farrar who claimed he cheated on her. He continued, "It's [about] moving forward and any of that is so not true that it's not even worth time ... I'm just happy to start this new life with my fiancée and that's what I'm focusing on." We're rooting for the new [celebrity couple](#) and hoping they can make it work.

Apparently the rumors in celebrity news around Jordan Rodgers simply weren't true. What are some ways to rise above rumors to form a healthy relationship?

Cupid's Advice:

Rumors have been around since the beginning of time. Somebody's always spreading word about someone else. When it comes to gossip, you have to find a way around them. Cupid is here to help:

1. Laugh them off: Rumors can get pretty ridiculous and unbelievable. Everyone's had rumors spread about them and sometimes you just have to blow them off. Laugh at the fact that somebody thinks it's worth their time to talk smack about you or your relationship. It's challenging but doable.

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2. Brush them off: Pretend they don't even exist if you hear someone whispering or pointing. Channel your inner celebrity and shake them off. It's not worth your time or the sake of your relationship to pay any attention to silly rumors.

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3. Talk about them: Be open with your partner about what's going on and ask them directly. Not only will the rumors have no weight to them anymore, but you can also laugh them off together. Trust that your partner is being honest with you in regards to the rumors and your relationship.

How do you combat rumors? Comment below!