

Celebrity News: 'Bachelor' Ben Higgins Offers Advice to Ex JoJo Fletcher & Fiance



By [Nicole Caico](#)

On Monday, August 1, this season of *The Bachelorette* came to a close with [JoJo Fletcher's](#) engagement to Jordan Rodgers. But the end of the season means it was time for an episode of *After the Final Rose*. The reunion, known to be a bit tense, got a bit awkward when Fletcher's ex, Bachelor [Ben Higgins](#), weighed in on the new [celebrity relationship](#). Seated next to his fiancé, Lauren Bushnell, Higgins addressed the new [celebrity couple](#). According to [UsMagazine.com](#), Higgins gave advice saying, "If you're getting criticism, you're doing something. And you're trying to make your relationship

work...Just support each other, love each other, and a couple months out of it, you're going to look back and smile."

This celebrity news has us grinning a bit! What are some ways to give advice to a friend having relationship questions?

Cupid's Advice:

Friends give friends relationship advice. Knowing you have someone to help you navigate relationship issues is one of the best parts of a friendship, but it's also a lot of pressure. You don't want to steer your friend wrong:

1. Know your friend: When giving your friend relationship advice, it is important to remember key things about them. Your job is to serve as their conscience when they're being swayed by emotions. Try to lead them to a decision they'd make on their own.

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2. Hands off: Give your friend as much advice as they will listen to, try to protect them, but remember not to smother them. Give the advice you have and then lay off for a while. You want the best for your friend but being overbearing can cause a fight between you two.

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3. Be honest: The number one way to help your friend with relationship questions is to answer honestly. Tell them you don't like the person their interested, or when they are

getting lost in their relationship. Keep it real, it's your job.

How do you give friends relationship advice? Comment below!