

# Dating Advice for Women Over 40: Why He Didn't Call?



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Wendy Newman to offer her [dating advice](#) for those who may be upset that their date hasn't called. Follow these dating tips to get over rejection fast and focus your energy on finding the one who is right for you.

## Dating Advice On How To Handle Men Who Don't Call Back

**1. Don't overthink it.** Chances that you'll figure out why he didn't call is very slim. There could be a number of different

reasons why he didn't call, but don't over-analyze and be critical of yourself to find out why it didn't work out.

**Related Link:** [Dating Advice: Are You Repelling the Right Man Away?](#)

**2. Accept it.** The fact that he hasn't called you back should serve as a sign that he isn't right for you. Don't try to force anything. If he was meant to be the right man for you, he would have called. Know your worth and accept that you have to move on.

**Related Link:** [Dating Expert Says Look For What You Need, Not Want!](#)

**3. Be the best you.** Once again, don't try to do detective work to find out why he didn't call you back. Looking for answers is a way of looking for how you can change yourself. Don't try to change. Expert dating advice says that being yourself on dates is the best way to find someone you're most compatible with.

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