

Celebrity News: Khloe Kardashian Posts Cryptic Note Hinting at Failed Marriage to Lamar Odom



By [Nicole Caico](#)

In the latest [celebrity news](#), this past Saturday [Khloe Kardashian](#) took to Instagram to share some wise words that may or may not have had to do with her [celebrity divorce](#) from Lamar Odom. According to [UsMagazine.com](#), Khloe refiled for divorce in May, and has kicked Odom out of the California home she leased for him during his recovery. A portion of her post, that was later deleted, read, "We often take for granted the very things that deserve our gratitude the most. We do this

with both people and material possessions. The problem is many people do not realize this until it's too late.”

In celebrity news, these celebrity exes are heading for divorce. What are some ways to appreciate a past relationship in the midst of a split?

Cupid's Advice:

Whether it's a break up or divorce, things can get pretty messy in the midst of a split. When the end of a relationship is upon you it's easy to dwell on the sad or frustrating aspects of the situation, but it will serve you much better to make an attempt to reminisce on good times:

1. Walk down memory lane: Take time to indulge in the memories from your relationship. Look at old pictures and ticket stubs and realize that even though the relationship is ending it was fun while it lasted. Taking time to remember the good things may give you a better chance of having a peaceful split and a better chance of moving on more quickly after.

Related Link: [Khloe Kardashian Looks Forward to Having Kids Post Celebrity Divorce from Lamar Odom](#)

2. Say it out loud: If your split is friendly enough, reminisce with your soon to be ex. There is nothing better for the both of you than to sit down and talk about the good parts of your relationship. Leave each other happy and walk away knowing you both felt good about the relationship and the split.

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3. Move on: No matter what went down in your relationship that led you to the point of a split, there is always something to learn. The end of a relationship can be very important to your next relationship. Take time to reflect on why this relationship ended and acknowledge what you've learned about yourself along the way.

When you think back to a past relationship, what good things stand out? Comment below!