

# Bethenny Frankel Recommends Lazy Lingerie to Keep Your Spark



Are you trying to keep the spark alive in your relationship? Try lazy lingerie! Former *Real Housewives of New York City* star Bethenny Frankel kept the romantic sparks in her relationship alive this Valentine's Day with the help of just that. "You have to make an effort ... I actually have a line coming out which is Skinny Girl Smoothers and shapers and they include lazy lingerie. Because it's something you wear under a blazer or sweater and then you take off the sweater, and now you have lingerie!" she said in an interview on [RadarOnline](#). Frankel also spilled more secrets on how she and her husband, Jason Hoppy, keep the sparks alive in their marriage. "We do date night once a week. We switch off on who chooses the surprise place we're going to go and we usually pick some hip place so we can still

feel like we're cool..."

**What are some ways to keep the spark alive in your relationship?**

**Cupid's Advice:**

Keeping the excitement in a relationship can be tough. Cupid is here to offer some advice on keeping the romantic sparks in your love life from disappearing:

- 1. New hobby:** Pick up a new hobby that both you and your partner will enjoy. Not only will trying out a new activity be fun, but you'lll also discover new talents in each other.
- 2. Surprise him/her:** Relationships become dull when they become routines. Surprise your significant other by taking him/her to a vocation or a play. Even something as simple as giving flowers will make his or her day.
- 3. Communicate:** Keep the spark alive by being attentive to each others' needs. Your relationship and respect for one another will grow as you both continue to share opinions and feelings.