

# Chrissy Teigen



Chrissy Teigen is an American model, writer and television personality that has graced the cover of *Sports Illustrated* and serves as co-host to popular shows like *Lip Sync Battle* and *FabLife*. Additionally, Teigen operates her own food blog [sodelushious.com](http://sodelushious.com) and has a published cookbook by the name *Cravings*.

As a child, Teigen's family moved around often, from Utah, to Hawaii, Idaho, Washington, and finally settling in Huntington Beach, California. It was in a California surf shop that Teigen was discovered by a photographer, who suggested that she begin modeling at the age of 18. From that moment on, Teigen began her career as a catalog model until her big break in 2010 when she was featured as *Sports Illustrated's* "Rookie of The Year," which catapulted her to stardom and paved the

way for Teigen to grace the covers of other publications such as *Cosmopolitan*, *Glamour* and *Vogue*.

In 2006, Teigen met R&B singer John Legend while starring in his music video *Stereo*. Not long after, the pair entered a celebrity relationship. After 7 years together, the celebrity couple got engaged and later married in 2013. On April 14, Teigen gave birth to her first [celebrity baby](#), Luna Simone Stephens, and has since been spotted caring for her bundle of joy alongside her husband.