Brad Womack's Ex Says He Proposed to Her Numerous Times





Brad Womack is no

rookie when it comes to proposing. This season's eligible bachelor has, according to ex-girlfriend Laurel Kagay in an <code>UsMagazine.com</code> article, proposed to her countless times. Kagay said the most recent proposal was just weeks before he left to film this season's show. "Even when we weren't together, he would say how much he loved me and was going to marry me," she said. While filming, Kagay said Womack would send her emails. "I'm sure the girl he picked would want to know that he was proposing to another woman right before he started taping the show," she said. "I would want to know."

How do you know when your partner's heart is in the right place?

Cupid's Advice:

Probably one of the most frustrating parts of a relationship is when you and your partner have different ideas about where you're heading as a couple. Cupid has some ways to tell if you and your partner are on the same page:

- 1. There's intimacy: It's not all about sex. Ask yourself if you do things such as cuddle up to each other after a long day of work or hold hands in public. If not, you may want to look into why.
- 2. You say 'I love you' often: This is important to keep in mind, because if those words are rarely exchanged, there may be some distance between you and your partner.
- 3. They don't act distant: Pay attention to how your partner acts around you. If he or she tends to be caught up in problems or less attentive to what you say, you may want to do something about it before it takes a toll on your relationship and love.