

# Dating Advice: The Secrets to Attraction



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Jaki Sabourin to give their [dating advice](#) on the secrets of attraction.

## Dating Advice: Relationship Experts Reveal Secrets of Attraction

The expert dating advice is simple. Practice, practice, practice. Check out their dating tips below.

**1. Eye contact and smiling.** Women don't realize how important

this is! Hold eye contact and smile, it makes you approachable.

**Related Link:** [Dating Advice For Women: What Are Men Attracted To?](#)

**2. Tone of voice.** Sometimes women come across as bossy and demanding, even when they don't mean to. Take a breath, soften your voice, slow down.

**3. Confidence in body language.** Throw shoulders back and bring the energy down into your body. Lean back into things instead of leaning into them.

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